



Diocese of Sioux City

2010 Vocation Spiritual Olympics Program (Grades K-8)

WHO? Any School, Parish Religious Education Program or Home Schooling Association with K-8th grade students who are willing to do acts of service and sacrifice, as well as pray that God will send us more priests, deacons and religious men and women to serve our Church.

WHAT? Acts of service, sacrifice and/or prayer that have been linked to a particular 'Winter Olympic Sport' as identified below:

Sport	Prayer/Service or Sacrifice	Points
BOBSLED	Spend 10 minutes praying especially for vocations	2
ICE HOCKEY	Spend 5 minutes or more helping someone in need	1
FIGURE SKATING	Pray one (1) Decade of the Rosary for vocations	1
SPEED SKATING	Spend 10 minutes reading about a particular saint	1
SNOW BOARDING	Spend 10 minutes reading the Bible	1
LUGE	Extra-credit, something special you do for God	1
ALPINE SKIING	Spend 15 minutes visiting Jesus in the Blessed Sacrament	4
CURLING	Go to a weekday Mass	5

WHERE? At home, at school, in church, at a friend's house or even during your ride or walk to school.

WHEN? For the 10 weekdays during the Vancouver Winter Olympics: *Monday, February 15 - Friday, February 19, 2010 and Monday, February 22 - Friday, February 26*

WHY? To foster the awareness that the promoting of religious vocations is not just something we talk about only for one week every January. Our goal is to encourage our young people to regularly talk to God, seeking to learn what vocation God has in mind for them and to consider the possibility that God is calling them to love and serve him in a special way.

HOW? It is strongly encouraged that the schools, classes or groups participating in this exercise establish a point goal they wish to reach. For example setting personal goals of each student reaching 20 points during the 10-day time period that the Winter Olympics takes place. During that time, individual students report to their teacher the sports/exercises that they have completed that day, and the teacher will record the appropriate points on the student's Point Tracking Sheet. On the date of the closing ceremonies of the Vancouver Olympics (March 1, 2010), the teachers will tally the totals for their class along with the total number of students in the class (regardless of the number that actually participated) and forward those numbers to their Principal, D.R.E or Home Schooling Coordinator. These numbers are then submitted to the Office of Vocations no later than Friday, March 5, 2010.

The competition will take place between the Catholic schools of the Diocese as one group of competitors, the Parish Religious Education Programs as a second group, and any Home Schooling Associations as a third group. Winners will be determined by dividing the points earned by the number of individuals within the competitors' group. This calculation will establish an average number of points per student and for that school, program or association. The competitor with the highest average will be the Gold Medal winner, second highest the Silver Medal winner and third highest the Bronze Medal winners. Winners will be announced in the Catholic Globe Newspaper and prizes will be presented by the end of March, 2010.